State of California  
Office of Administrative Law  

In re:  
State Athletic Commission  

Regulatory Action:  

Title 04, California Code of Regulations  

Adopt section: 299  
Amend sections: 297, 300  

NOTICE OF APPROVAL OF EMERGENCY REGULATORY ACTION  

Government Code Sections 11346.1 and 11349.6  

OAL Matter Number: 2016-1128-02  
OAL Matter Type: Emergency Readopt (EE)  

This emergency action by the State Athletic Commission readopts emergency regulations that provide safer weigh-in procedures, allow Commission-appointed ringside physicians to test athletes for signs of dehydration, and prohibit the use of intravenous therapies to regain hydration after a weigh-in.  

OAL approves this emergency regulatory action pursuant to sections 11346.1 and 11349.6 of the Government Code.  

This emergency regulatory action is effective on 12/13/2016 and will expire on 3/14/2017. The Certificate of Compliance for this action is due no later than 3/13/2017.  

Date: December 7, 2016  

Nicole C. Carrillo  
Attorney  

For: Debra M. Cornez  
Director  

Original: Andy Foster  
Copy: Sophia Cornejo
A. PUBLICATION OF NOTICE (Complete for publication in Notice Register)

1. SUBJECT OF NOTICE
   TITLE(S)                FIRST SECTION AFFECTED
   
   Dehydration and Rehydration

2. REQUESTED PUBLICATION DATE

3. NOTICE TYPE
   - Notice re Proposed
   - Regulatory Action
   - Other

4. AGENCY CONTACT PERSON
   TELEPHONE NUMBER
   FAX NUMBER (Optional)

B. SUBMISSION OF REGULATIONS (Complete when submitting regulations)

1a. SUBJECT OF REGULATION(S)
   Dehydration and Rehydration

1b. ALL PREVIOUS RELATED OAL REGULATORY ACTION NUMBER(S)
   2016-0608-02E

2. SPECIFY CALIFORNIA CODE OF REGULATIONS TITLE(S) AND SECTION(S) (Including title 26, if toxic related)

   TITLE(S) AFFECTED
   
   299
   297, 300

3. TYPE OF FILING
   - Regular Rulemaking (Gov. Code §11346)
   - Resubmittal of disapproved or withdrawn nonemergency filing (Gov. Code §§11346.2-11346.3)
   - Other (Specify)

   Certificate of Compliance: The agency officer named below certifies that this agency complied with the provisions of Gov. Code §§11346.2-11346.3 either before the emergency regulation was adopted or within the time period required by statute.

   Emergency Readopt (Gov. Code, §11346.1(h))

   Changes Without Regulatory Effect (Cal. Code Regs., title 1, §100)

4. ALL BEGINNING AND ENDING DATES OF AVAILABILITY OF MODIFIED REGULATIONS AND/OR MATERIAL ADDED TO THE RULEMAKING FILE (Cal. Code Regs. title 1, §44 and Gov. Code §11347.1)

5. EFFECTIVE DATE OF CHANGES (Gov. Code, §§ 11343, 11346: Cal. Code Regs., title 1, §100)

   Effective January 1, April 1, July 1, or October 1 (Gov. Code §11343.4(a))
   Effective on filing with Secretary of State
   Effective other (Specify) 12/31/16
   $100 Changes Without Regulatory Effect

6. CHECK IF THESE REGULATIONS REQUIRE NOTICE TO, OR REVIEW, CONSULTATION, APPROVAL OR CONCURRENCE BY, ANOTHER AGENCY OR ENTITY

   Department of Finance (Form STD. 399) (SAM §5660)
   Fair Political Practices Commission
   State Fire Marshal
   Other (Specify)

7. CONTACT PERSON
   TELEPHONE NUMBER
   FAX NUMBER (Optional)
   E-MAIL ADDRESS (Optional)
   Sophia Cornejo
   (916) 263-2196
   sophia.cornejo@dca.ca.gov

8. I certify that the attached copy of the regulation(s) is a true and correct copy of the regulation(s) identified on this form, that the information specified on this form is true and correct, and that I am the head of the agency taking this action, or a designee of the head of the agency, and am authorized to make this certification.

   SIGNATURE OF AGENCY HEAD OR DESIGNEE
   DATE
   Andy Foster, Executive Officer

For use by Secretary of State only
ENDORSSED FILED
in the office of the Secretary of State of the State of California
DEC. 07 2016
California State Athletic Commission
ORDER OF ADOPTION

1. Amend Section 297 of Division 2, of Title 4 of the California Code of Regulations to read:

§ 297. Weighing Time.
Contestants shall be weighed within 30 hours of the scheduled match, at a time and place designated by the commission, in the presence of a commission representative on scales approved by the commission. A club may obtain advance written permission of the commission to allow preliminary boxers to weigh in and be examined not later than one hour before the scheduled time of the first match on the card. All weights shall be taken with the contestants stripped.


2. Adopt Section 299 of Division 2, of Title 4 of the California Code of Regulations to read:

§ 299. Dehydration and Rehydration.
(a) Contestants shall only rehydrate orally. Use of intravenous therapies to rehydrate shall prohibit the athlete from competing.

(b) Contestants may be required to submit a urine specimen for a urine specific gravity test prior to competition to verify proper hydration.


3. Amend Section 300 of Division 2, of Title 4 of the California Code of Regulations to read:

§ 300. Time For Examinations.
A thorough physical and eye examination shall be given to each contestant by the commission-appointed physician at least one hour before the contestant enters the ring to compete. The commission physicians shall test for signs of dehydration. Referees also shall be given physical examinations immediately before officiating at any match.