

California State Athletic Commission Order of Adoption

1. Amend Section 297 of Division 2, of Title 4 of the California Code of Regulations to read:

§ 297. Weighing Time.

Contestants shall be weighed within ~~24~~30 hours of the scheduled match, at a time and place designated by the commission, in the presence of a commission representative on scales approved by the commission. A club may obtain advance written permission of the commission to allow preliminary boxers to weigh in and be examined not later than one hour before the scheduled time of the first match on the card. All weights shall be taken with the contestants stripped.

NOTE: Authority cited: Section 18611, Business and Professions Code. Reference: Sections 18640 and 18728, Business and Professions Code.

2. Adopt Section 299 of Division 2, of Title 4 of the California Code of Regulations to read:

§ 299. Dehydration and Rehydration.

(a) Contestants shall only rehydrate orally. Use of intravenous therapies to rehydrate shall prohibit the athlete from competing.

(b) Contestants may be required to submit a urine specimen for a urine specific gravity test prior to competition to verify proper hydration.

NOTE: Authority cited: Section 18611, Business and Professions Code. Reference: Sections 18640, 18705, 18706 and 18707, Business and Professions Code.

3. Amend Section 300 of Division 2, of Title 4 of the California Code of Regulations to read:

§ 300. Time For Examinations.

A thorough physical and eye examination shall be given each contestant by the commission-appointed physician at least one hour before the contestant enters the ring to compete. The commission physicians shall test for signs of dehydration. Referees also shall be given physical examinations immediately before officiating at any match.

NOTE: Authority cited: Section 18611, Business and Professions Code. Reference: Sections 18640, 18705 and 18706, Business and Professions Code.